

REJUVENATION & WELLBEING RETREAT

One Day x Three Revitalising Techniques

Saturday 5th October 10am – 6pm



To live a long and healthy life it's not enough to eat healthily and exercise regularly. Unconscious collective beliefs and negative energetics are at play and many people believe aging and illness are natural precursors to death. This is not true. On this retreat, experience techniques to grow old gracefully, in good health, shining with youthful vigour.

Rejuvenate your body and consciousness with advanced alchemy processes that cleanse the body of the old density, and attachments to ageing, illness, death from the current paradigm. Leave inhabiting a body filled with light, that embodies health and is aligned to longevity, your divine blueprint and your authentic beauty. Facilitated by experienced therapist and Alchemist Cliona.

Revitalise your body by upgrading your glandular system with the energising Kriyas of Kundalini yoga, Pranayama, Meditation and antioxidant nutrition recommendations from Nadine Deep Prakash, experienced yoga teacher.

Regenerate from the inside out by drinking Kangen water. Its hydrating benefits increase the vital energy of your organs, give you glowing skin and enhance your overall health. This is the only medically certified filtered water on the planet for life regeneration.

This triple approach promises to catalyse powerful inner and outer results.

Places limited to six participants to create the safety to go deep.

Private venue in beautiful countryside. (Transport required).

Cost: sliding scale includes FREE video of Crystalline Matrix of Rejuvenation.

**Enquiries & booking with Cliona or Nadine Deep Prakash
via Signal or WhatsApp. Or email cliona@wilddivinelight.com**